



2009 River City Marathon & Half Marathon Run/Walk

- Date & Location:** Sunday, April 19, 2009 7:00 a.m.
Negro Bar, Folsom, California
- Course:** The course is run on the Jediah Smith Memorial Trail/American River Parkway from Negro Bar(Folsom) to Discovery Park(Sacramento). Half Marathon Start at William B. Pond Park and finishes at Discovery Park. Race cutoff is 7 hours. Walkers welcome in all races.
- Shirt:** Dri Release Performance shirts for all Marathon & Half Marathon runners/walkers.
- Aid:** 9 aid stations with HEED Electrolyte Drink, Water, Hammer Gels, bananas, pretzels.
- Entry:** \$75/\$40 before 3/19/09, \$85/\$50 after 3/19/09. Packet Pickup or Race day \$95/\$60
Entry Fee is Non-Refundable, Transferable, or Rollover.
- Information:** Overall and Age Division Awards. **Shuttle from Finish to Start(MUST SIGN UP BY 3/19/09) \$15 .** Post race BBQ for all runners/walkers. \$7 for extra BBQ tickets. For information please email Robert Mathis at Info@RiverCityMarathon.com . Visit <http://www.RiverCityMarathon.com> for more information on the race.

Sponsored by:



APPLICATION 2009 River City Marathon & Half Marathon Run/Walk

LAST NAME _____ FIRST NAME _____ SEX _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

TELEPHONE _____ BIRTHDATE _____ AGE (Race Day) _____ ADULT SHIRT SIZE _____

RACE: Runner _____ Walker _____ ESTIMATED RACE TIME: _____ EMAIL ADDRESS _____

ENTRY FEE:

Marathon \$75 _____ AFTER 3/19/09 \$85 _____ Packet Pickup & Race Day \$95 _____

Half Marathon \$40 _____ AFTER 3/19/09 \$50 _____ Packet Pickup & Race Day \$60 _____

Shuttle from Finish to Start(MUST SIGN UP BY 3/19/09) \$15 _____

Extra BBQ Meal \$7 _____

Waiver Must Be Read and Signed Before Mailing:

In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself and my heirs, executors, administrators waive and release any and all rights and claims for damages I may accrue against the persons and organizations affiliated with the race including but not limited to River City Marathon, Ultrarunner.net LLC, Lake of the Sky Trail Runners, American River Parkway Foundation, City and County of Sacramento, all sponsors, volunteers, marathon staff, subcontractors, agents, attorneys, and representatives for any and all injuries that I may suffer while participating in the Marathon or any of its allied or accompanying events, or en route to and from the events. I consent to the use of my image in photos, videos and audio recording and film, of my participation in all Marathon events. I attest that I am physically fit and sufficiently trained for this competition, my physical condition verified by a licensed M.D. during the last 6 months. As part of the waiver, I acknowledge that I have read and understand all of the above.

All fees are nonrefundable.

Signature _____ Guardian Signature _____ Date _____

Make checks payable to: UltraRunner.net, 301 Ferry Circle, Folsom CA 95630 (775)232-7933
A Lake of the Sky Trail Runners Event (A 501 C3 Non Profit Running Club)